



Back to School Checklist



Inventory your obligations



Plan for their passions



Set individual and family goals



Buy new clothes and shoes



Get backpacks and school supplies



Set a "back to school" transition plan





Inventory



Your



Obligations

What activities do we have planned?

What travel and work obligations are coming up?

Do we have other resources to help?





Plan for Their Passions



What activities are we already scheduled for?

What interests can the kids try this year?

How can we fit this into our schedule?





Set Individual & Family Goals



What goals does each child have for this upcoming year?

What are our goals as a family?





Create a Reasonable Schedule

Get out your calendar. Write everything down. Now take a good hard look.

What scheduling conflicts do I need to resolve?

How can I maximize my time for efficiency?

Are there areas I need to pull back this year to allow more free time?





Prep the Stuff



Go through all the kids' clothes, backpacks, and school supplies. Throw out anything stained or damaged. Create a donation box of any items too small but still in good condition.

Create a shopping list for back-to-school wardrobe must-haves. What items need to be replaced?

Now, take that list and plan a shopping trip or online shopping spree!





Transition into School Mode



Create a plan to transition back into the school routine.

What is the ideal bedtime for school nights?

Start getting the kids to bed a little earlier each night until you reach that bedtime goal.

Make your own school morning routine. Start prepping for your mornings the night before - such as pick out school outfits, prep for breakfast, and get everything ready to go for the morning.

Get in the practice now for easy, breezy school mornings!

